



## CHRISTMAS BAG-IT-UP FOOD PANTRY/LAX

### SUGGESTED MENU FOR A FAMILY OF 4

1 Large Can or 2 Small Cans	Meat – Chicken, Roast Beef or Ham  Hams – <b><i>must not</i></b> require refrigeration DAK Hams, Celebrity or Plumrose (CVS carries these)
1 Pkg.	Potatoes (mashed, scalloped, etc.)
2 Cans (15 oz. each)	Vegetables
1 Can (15 oz.)	Fruit
1 Can	Soup (no broth)
1 Pkg.	Pudding or Jello
1 Jar <small>NO GLASS</small>	Peanut Butter or Jam (18 oz.)
1 Pkg.	Pie Crust & Filling or Cake Mix and Frosting
1 Box	Dry Cereal
1 Pkg. (20 oz.)	Bisquick
1 Box	Macaroni & Cheese

**PLEASE NO PERISHABLES, GLASS CONTAINERS OR OVERSIZED CANS.  
PLEASE DO NOT OVERFILL THE BAG.**

**THANK YOU!**

